

Spiritual Formation During Pandemic
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Every church session has been asking the question: “How do we provide for spiritual nourishment and spiritual growth in these times of COVID-19 for both youth and adults?” There are many answers to that good question. You are wise church leaders as you are learning to adapt. Some of you are providing online Christian growth opportunities. Some have held in-person outdoor Vacation Bible School in modified form. Every church is different, but here are a few ideas that may spur your imagination.

Presbyterian Outlook provides resources each week for individuals and families. You can pick which one is most appropriate your congregation. Look under “Ministry Resources” on the website. [*Click to go to website.*](#)

Some churches are using weekly children and youth zoom gatherings. (Yes, I can hear you say that our youth a “zoomed out.”) As fall approaches this may be an opportunity to re-consider how you are connecting electronically. This may not work for every family; but it may well work for some people.

Look for Montreat Conference Center generated programming. For youth consider Montreat@Home, even as summer is drawing to a conclusion. [*Click to go to website.*](#) In-person and online events are being planned for adults. [*Click to go to website.*](#)

Traci Smith provides weekly faith practices for families/children She also has a great Advent/Christmas book coming out, that may make excellent “at home kit” type programming. [*Click to go to website.*](#)

For adult spiritual formation there are many podcasts that can be accessed for thought provoking spiritual conversation purposes. In our time of separation from one another, and in times of racial reconciliation discussions, this could be a good time to engage thoughtful reflection through a podcast.

The Resource Center at the Presbyter Center has many study guides, video series and books for group and personal spiritual growth for all ages. Drop by the Presbytery Center during regular hours or make an appointment with ChrisAnn Goossen. Call 724-452-7515, ext. 12 or email [*resourcecenter@beaverbutler.org*](mailto:resourcecenter@beaverbutler.org).

We are praying with you as you engage the world around us with the life changing message of Jesus Christ.